

# Employee Assistance Programme

A 24 hour helpline from Health Assured to support you through any of life's issues or problems.

Free 24 Hour Confidential Helpline:

0800 032 7097

|                                                                                       |                            |                                                                                     |                       |                                                                                     |                     |
|---------------------------------------------------------------------------------------|----------------------------|-------------------------------------------------------------------------------------|-----------------------|-------------------------------------------------------------------------------------|---------------------|
|  | Stress & anxiety           |  | Counselling           |  | Family issues       |
|  | Bereavement                |  | Financial wellbeing   |  | Childcare support   |
|  | Relationship advice        |  | Legal information     |  | Medical information |
|  | Tenancy & housing concerns |  | Alcohol & drug issues |  | Consumer issues     |

Download 'My Healthy Advantage' now

Employer code:

MHA049211



To find out more visit:

[healthassuredeap.com](http://healthassuredeap.com)

Username:

Password:

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