

SWIM TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.30am – 9.30am Adults only	6.30am – 9.45am Adults only	6.30am – 9.30am Adults only	6.30am – 9.45am Adults only	6.30am – 9.30am Adults only	8.00am – 9.30am Adults only	8.00am – 9.30am Adults only <small>(8.15am – 12.15pm swimming lessons in part of the pool)</small>
9.30am – 12.00pm Adults & children <small>(10am – 12pm swimming lessons in part of the pool)</small>	9.45am – 10.30am Aqua Aerobics	9.30am – 12pm Adults & children <small>(10am – 12pm swimming lessons in part of the pool)</small>	9.45am – 10.30am Aqua Aerobics	9.30am – 12pm Adults & children	9.30am – 12pm Adults & children	9.30am – 12pm Adults & children
	10.30am – 12pm Adults & children <small>(11am – 12.30pm swimming lessons in part of the pool)</small>		10.30am – 12pm Adults & children			
12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only	12.00pm – 3.00pm Adults only
3.00pm – 6.30pm Adults & children	3.00pm – 6.30pm Adults & children	3.00pm – 6.30pm Adults & children <small>(3pm-6.30pm swimming lessons in part of the pool)</small>	3.00pm – 6.30pm Adults & children <small>(3pm-6.30pm swimming lessons in part of the pool)</small>	3.00pm – 6.30pm Adults & children	3.00pm – 6.30pm Adults & children	3.00pm – 6.30pm Adults & children
6.30pm – 9.00pm Adults only	6.30pm – 9.00pm Adults only	6.30pm – 9.00pm Adults only	6.30pm – 9.00pm Adults only	6.30pm – 8.00pm Adults only	6.30pm – 8.00pm Adults only	6.30pm – 8.00pm Adults only